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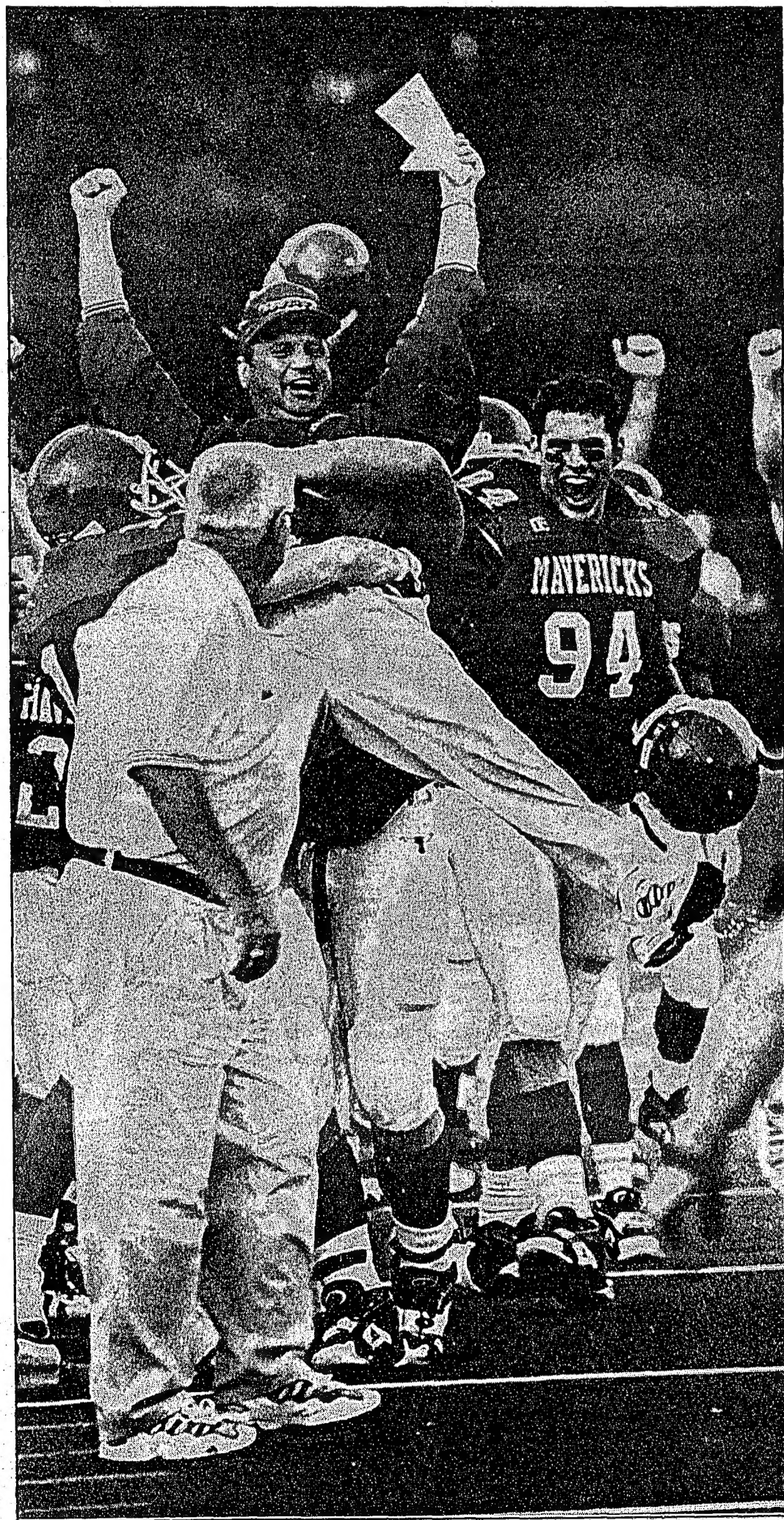
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Volume 99 No. 20

Mavs Beat No. 1 UNC



by Helen Evans
Staff Writer

The UNO football team pushed their way to the top Saturday in an upset over the University of Northern Colorado Bears.

The Mavs' 15-3 win at Caniglia Field broke the two-time defending national champion's 17-game winning streak.

"That might be the best defense in the country out there today," Maverick Head Coach Pat Behrns said Saturday.

After a quick first quarter, the Bears' Mike Schauer booted a 26-yard field goal early in the second quarter, putting UNC on the scoreboard for their first and only time during the game.

UNC quarterback Corte McGuffey is third in Division II

in total offense with 289.7 yards a game.

By the close of the first half, McGuffey had completed 11 of 15 passes for a total of 119 yards. The Mavs trailed 3-0 at the half, but the second half was a different story.

Following halftime, the Mavs were fired up and so was the crowd of more than 8,400 at Caniglia Field.

McGuffey had only 5 of 19 passes completed for 48 yards. Then the Mavs went to work.

Place kicker Paul Kosel scored two consecutive field goals, 26 and 47 yards, in the third quarter, pushing the Mavs to the front with a score of 6-3.

In the final quarter, the Mavs kept hold of their momentum. Jason Bartling knocked the ball loose from McGuffey and

Call It "Upset Saturday"

Northern Colorado wasn't the only ranked team to lose on what could be called "Upset Saturday." Out of the 20 teams in the NCAA Division II poll, only 11 of them won.

The Mavs took care of No. 1 Northern Colorado 15-3. No. 3 Grand Valley State lost to unranked Northern Michigan 17-14.

The two teams tied for the No. 8 ranking suffered the same fate as they both lost. Fort Valley State was beaten by Tuskegee University 23-21 and West Texas A&M lost to Texas A&M-Kingsville 43-21.

The upsets spilled over into the 11 through 20 spots in the rankings as well.

No. 11 West Georgia was hammered by Delta State 34-10. No. 13 Eastern New Mexico lost to Texas A&M-Commerce 26-14. No. 17 Saginaw Valley State lost as did Pittsburg State and Central Missouri State.

Conference Results

MAVERICKS 15, Northern Colorado 3
Augustana 27, South Dakota 20
North Dakota 31, St. Cloud State 28 (OT)
North Dakota State 35, South Dakota State 32
Minnesota State 44, Morningside 28

► see Football page 11

New Virtual World Comes To UNO

by Jessie Calvert
Staff Writer

Imagine using a high tech computer program to scope out a mountain in India or discover the link between estrogen and breast cancer. UNO is now making this a reality.

UNO faculty were on hand Friday in the Durham Science Center to demonstrate the new virtual reality program and answer questions students or on-lookers may have.

UNO faculty and students will be able to access virtual reality and new

virtual world. A high speed, high resolution laboratory has been installed, equipped with Silicon Graphics.

These computers can be used for geological study.

"The geological model seen on the computer was built using two satellite images that were sent to the computer to build this model" Jeff Olsenholler, department of geography and geology at UNO, said.

The model was detailed and will allow students to study large geographic areas without having to travel the world.

The computers can be used for

studying the internal makeup of an atom or to view the human skeleton.

The computers will be tools for biology students to learn the basic human anatomy, with digital sound to hear the heart beating and the lungs inhale and exhale. Many medical school students will take advantage of this laboratory to help study the human body. It will aid the study of gene mapping, viewing the structure of viruses, and seeing any part of the body in graphic detail.

"There are 14 computers here now. It got started because the material science group needed an advanced com-

puter to do number crunching," John Flocken, dean of the college of Arts and Sciences and chair of this virtual project said.

The project originally started with needed mathematical computations, but has grown to help virtually every department on campus.

"We are hoping to expand it even more in the next few years to get everyone on campus involved," Flocken said.

Eventually, with enough funding, students will be able to access the computer capabilities across the entire UNO campus.

Sharma Receives Achievement Award

by Jessie Calvert
Staff Writer

Manoj Sharma of the School of Health, Physical Education and Recreation (HPER) recently received the William Oxley Thompson Award. This award is given to alumni of Ohio State University that exhibit professional achievement at a young age.

Sharma received his Ph.D. from Ohio State in preventative medicine and health promotion. He can now be found teaching several courses at the HPER building or doing research here on campus.

Sharma teaches courses in

community and regional planning, drug awareness and education, stress management and many more.

"I enjoy teaching every class but I would have to say my favorites include community health and stress management," Sharma said.

Sharma has given many contributions to advance public health through research and various publications. "Overall, I think they were looking for early career achievements that I have been involved in," Sharma said.

"My overall contributions to public health is why I received this award," he said.

Along with this award, Sharma has been published in the Chicago Tribune, Parenting Magazine and Obstetric and Gynecological News, as well as, getting coverage on CBS news.

At UNO, Sharma is engaged in work with urban youth as well as Native American youth. He has worked on projects such as researching the role of fathers in breast feeding.

Sharma would describe himself as a work-aholic.

He does find other ways to keep busy when he is not working or researching. He can be found chasing after his twin daughters, who are in first grade. "I try to stay active in their school activities and Brownies," Sharma said.

The recent year has not been as fortunate as winning this award for Sharma.

"My wife was in an accident and is now recovering," Sharma said. This award, along with his girls, are bright spots in their year.

BOBS	STABLE	ARR
OMIT	CAREER	LOO
SOLO	ALLEGATION	
GOLLARLESS	RIEND	
EPES	MINEO	
ASH	ERR	HOORAYS
LEAPS	CARPET	
STIR	BOUSE	MIRA
RESOLD	TENON	
ABSCOND	EWEL	GET
POPES	SNARL	
AIRS	ATTAINABLE	
CLASSROOMS	GAL	
HEY	PARTOT	ENOS
EDS	ADNERS	RENE

Answers from
crossword puzzle
on page 15.

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Ashley Judd Lends College Program A Leg

College Press Service

LEXINGTON, Ky. - When you see the new poster/schedule for the University of Kentucky Cool Cats hockey team, let's just say the dates for the Vanderbilt matchups aren't the first things that catch your eye.

No, you pretty much won't be able to miss the beautiful woman, sitting there in nothing more than a hockey jersey and blue toenail polish.

And then you notice - hey, that's Ashley Judd.

Whoa. Club hockey? Not UK basketball? How'd that happen?

"We had an idea," said Ian Ward, the team's general manager. "The hockey team is a club sport (not a part of UK's Athletics Association), funded by the gate and (concessions) and dues, and it gets minimal funding to the tune of \$800 from the university."

"I thought, boy, if we could get Ashley Judd on a poster it would really help us, especially with it being our 15th anniversary."

Ward found his connection. He was told that Richie Thompson, one of

Judd's cousins, roomed with some of the team's players. "(Thompson) contacted Ashley; she said sure, she would love to do it."

So, while the UK alum was filming a movie in Vancouver this summer, they sent her a hockey jersey. Judd sent back only one photo - the one that appears on the poster. Ward said they didn't give Judd any suggestions on how to pose.

"We told her absolutely nothing at all," Ward said. "That's why we were so excited when we saw it."

Judd, who is now shooting a movie in New Orleans, could not be reached for comment Tuesday.

Upon Judd's request, the team won't be selling the poster, but giving them away one per person at games, starting with the Oct. 30 Ohio State match at the Lexington Ice Center.

"Hopefully, it will help fill the stands," Ward said. "We have a very good feeling about it."

While the poster may pad the hockey team's attendance stats, what about Judd's abbreviated attire? Will it wrinkle the tender sensibilities of hockey fans? Or UK fans in general? UK spokesman John Scharfenbarger said that as of yesterday, the university hadn't received any comments or complaints.

Ward isn't worried.

"This country's been through many world wars with pinup girls - there's nothing at all disrespectful about the poster," said Ward. "There's more important things to worry

about. Is it sexy? Yes. Is it fun? Yes. Is it in good taste - definitely."

Ward said people who purchase a \$4 game ticket can use their stubs to pick up their 19-by-25-inch poster after the game.

The posters should be available at all games, but Ward issued a call to arms.

"If they really want to get one,

they'd better be there to get one on Oct. 30."

Does he think the basketball team will be jealous?


"When you look at the basketball team, and everything they have, why would they be? They've got everything. And we've got Ashley Judd," he said, adding, "We have everything, too, we just need to capitalize on it."

University of Kentucky Hockey

1998-99 Season Home Schedule

Midnight Lexington Ice Center		
OCTOBER	3	BUTLER
OCTOBER	16	JOHN CARROLL
OCTOBER	17	JOHN CARROLL
OCTOBER	30	OHIO STATE
OCTOBER	31	OHIO STATE
NOVEMBER	14	INDIANA
DECEMBER	3	LOUISVILLE
DECEMBER	4	VANDERBILT
DECEMBER	5	VANDERBILT
DECEMBER	11	IUPUI
DECEMBER	12	IUPUI
JANUARY	15	DEPAUL
JANUARY	16	DEPAUL
JANUARY	22	PURDUE
JANUARY	23	PURDUE
JANUARY	30	DAYTON
FEBRUARY	6	MICHIGAN
FEBRUARY	12	TENNESSEE
FEBRUARY	13	TENNESSEE

*10pm at Rupp Arena



UK Alumna Ashley Judd

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Remember, as a UNO student, faculty or staff member, you're eligible for Metro Credit Union membership. Credit union membership means big savings on financial services, including no charge ATM transactions when using the Milo Bail ATM. Call 551-3052 for additional membership information.

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Gateway Opinion

CatTales

Where have all the wild and crazy ones gone?



Remember the crazy days of football season?

Half-naked guys with school letters painted on their chests, fans who screamed until they had no voices, and even those crazy fans with signs, confetti and air horns were not only accepted, but encouraged by the more timid fans.

All of these spirited fans could be seen every Saturday afternoon cheering on their team, and having one hell of a good time. So where are those fans at Maverick games?

The Mavs, who were unranked, beat the number one team in the nation Saturday. Our boys in red showed us how real, nitty-gritty football is played, but our fans were ready for a golf tournament. These guys put their hearts and souls, not to mention a little blood, into every game. Where is the support for these guys? Where are all of the crazy fraternity guys with shirts that say "The Brew Crew?" I saw two fraternities at Saturday's game, and they got crazy enough to shake milk cartons with pennies in them. Aren't football games mecca for most Greek organizations. They are for every other division I or II university I've been to. At other universities, fraternities barbecue, play loud music, drink beer, and then head to the game. The sororities show up with their banners and cheer on their pigskin heroes. Hey Greeks, you are supposed to be the spirit of the school. Where are

you?

Where are all of the students who complain about nothing to do, or being broke? Maverick football is a great way to spend an afternoon. Come on ladies, a bunch of guys in tight pants doing what guys do best: playing with their buddies. Guys, this is football, do you need any other reason? Here's one more reason to go: it's free. That's right zip, zero, nadda dinero needed. Talk about a cheap date.

Once students start showing up at these games, how should they cheer their teams on?

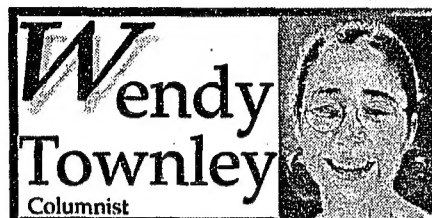
Maybe they should take a lesson from Northern Colorado. They were crazy. Their band played loud, their fans cheered loud, painted bodies jumped up and down, and they even stole the bear hanging from Durango's noose. The Maverick fans, with the exception of one lady, sat quietly, until a big play or touchdown. Then they would stand, clap and occasionally even cheer. This lady, the exception to the lethargic fans, was great. Granted she cheered through the national anthem, but she had spirit. If I didn't know any better, I would have thought I was at a funeral. This isn't a golf tournament for crying out loud. This is football, hands on, downright dirty football.

Come on folks, haven't we learned how to party since we've been in college two, three, six years? My high school football games were more exciting than this. Hell, my high school tennis matches were more exciting than Maverick games. What will it take to get some true, die-hard fans out there? Where are all of the students? Get off of your lazy duffs and haul your butt out to Caniglia Field. Hell, Friday's party doesn't have to stop, just carry it on over to the game.



"I am at UNO, right?"

Being Prepared Shouldn't Be An Accident



I was hit last week.

Yes, my baby, my 1993 black Jeep Wrangler, is now marred. Ouch.

Thankfully, there weren't any injuries and it wasn't my fault.

The gal next to me changed lanes and didn't see me.

I figured after we exchanged insurance information, that would be it. One phone call and that's it, I thought.

How ignorant I was.

The volumes of information following this little mishap are insane. I've had to fill out forms for the Nebraska Department of Roads, the insurance company of the person that hit me, receive damage estimates and make a number of phone calls.

I've had to document my accident twice now, both by drawing pictures and in words. And the space they allow you to write in this information? Can we say tiny?

I've been asked everything from my work schedule to the "major contributing human factor" of my accident.

If you haven't been involved in an accident yet, consider yourself lucky. However, if you are in an accident, here are my tricks of the trade that may help you in the future.

- Immediately following the accident, fender bender or 15 car pile-up, get as much information from the other driver(s) as possible. This includes their name, home address, home phone number, work phone number, age, license plate number, driver's license number, their insurance company, their insurance agent, their VIN number, whether they had been drinking, their version of the accident and the year, model and make of their vehicle. You will need

more information to fill out these forms, but this will make your life much easier.

- You will need to provide the other driver(s) with the above mentioned information as well. I've learned how valuable it is to keep a tablet and a pen in my Jeep following this incident and I highly recommend it.

- Contact the police department. I made the mistake of dialing 911, but the man on the other end was very helpful. I explained there were no injuries and he informed me merely to exchange information and be on my way.

- Before leaving the scene of the accident, document EXACTLY where it happened. "Between Olive Garden and Burger King on Dodge street" won't cut it with the insurance companies. Make sure you record the speed limit of the area, the date and time.

- Following the accident, contact your insurance company and explain what happened. Have all of your notes in front of you when you call. My insurance company was more than helpful in this situation.

- Check your mail daily (if you don't already). You will be flooded with forms to fill out and damage estimates to be made.

- Grab a file folder and keep all the information about your accident in it. Make copies of everything you fill out and send off.

- Request a rental car with a CD player while your car is being fixed. Yes, this may seem unnecessary to some, but you need something to compensate for all the pain and suffering you've endured.

Remember these tips in the event of your accident. You can even cut this information out and keep it in your glove box.

If I've learned anything else from this situation, it's wear your seatbelt, drive defensively and be assertive. Don't be quick to fess up if it's your fault, and don't let them know if it's their's.

Funny, I haven't been asked if I was wearing my seatbelt yet.

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Opinions expressed are not necessarily those of the University of Nebraska at Omaha or the NU Board of Regents. Opinions in signed columns and letters to the editor do not necessarily reflect the opinion of the Gateway staff or the Student Publications Committee.

Letters to the editor will be selected for publication on the basis of timeliness, clarity and available space. The editor reserves the right to edit all letters for publication. Letters must be signed using the writer's first and last names. Letters must include the writer's address and phone number for verification purposes only. Letters to the editor exceeding two typed pages will not be considered for publication.

Direct communications to: Gateway, UNO, South 60 and Dodge Streets, Omaha NE 68182. E-mail: editor@gateway.unomaha.edu

Fighting The Urge

by Colleen Sergeant
Medical Writer

College is an exciting time. Students prepare their minds for the future, set goals and maybe even meet that special someone. But the future of half of all UNO smokers will also include a smoking related disease that will lead to death.

Smoking is a known cause of cancer, heart disease, strokes and emphysema. Given the health dangers smoking presents, why do 30 percent of UNO students do it?

The behavior is reinforced, or provides rewards. Independence, curiosity and fitting in with friends are all reasons people smoke. Some women also smoke to keep their weight down.

It is a misconception that smoking helps relieve stress. Rather than relaxing the body, nicotine actually causes an increase in blood pressure and heart rate.

Efforts by the tobacco indus-

try have also lured people to smoke as well by depicting smoking as an exciting, glamorous, healthy adult activity. But don't be fooled.

The good news is half of all people who have ever smoked have quit, and so can you.

This is the first of a series of articles about smoking cessation that will be published during November. I am not an expert, however, I have done my homework. I have gathered resources from the American Cancer Society, American Lung Association, UNO Health Services and the University of Nebraska Medical Center and it's all available to you.

A smoking information table is now set up in the *Gateway*, on the first floor of the Milo

Bail Student Center, where you can find brochures, fliers and other materials between 8 a.m. to 5 p.m.

Breaking ties with nicotine is not easy. You may try to quit

several times before being successful. However, each time you try to quit progress is made because you'll learn about what works best for you.

Do you want to quit, but just need an extra push? Here's an incentive: have the *Gateway* track your progress. Not only could you be a star in the *Gateway*, but you can get support from students and help others kick the habit as well.

Or maybe you just have a question or comment to share. How have you been affected by smoking? If you quit, what worked?

It will be a learning experience for all of us, but I need your input. Please contact me at colleen@gateway.unomaha.edu, call 554-2470, or drop me a note at the *Gateway*.

Are You Addicted?

It may be difficult to admit you are addicted to nicotine. This short survey will help you determine where you stand

Do you smoke your first cigarette within 30 minutes of waking up in the morning?

Yes No

Do you smoke 20 cigarettes (one pack or more each day)

Yes No

At times when you can't smoke or don't have any cigarettes, do you feel a craving for one?

Yes No

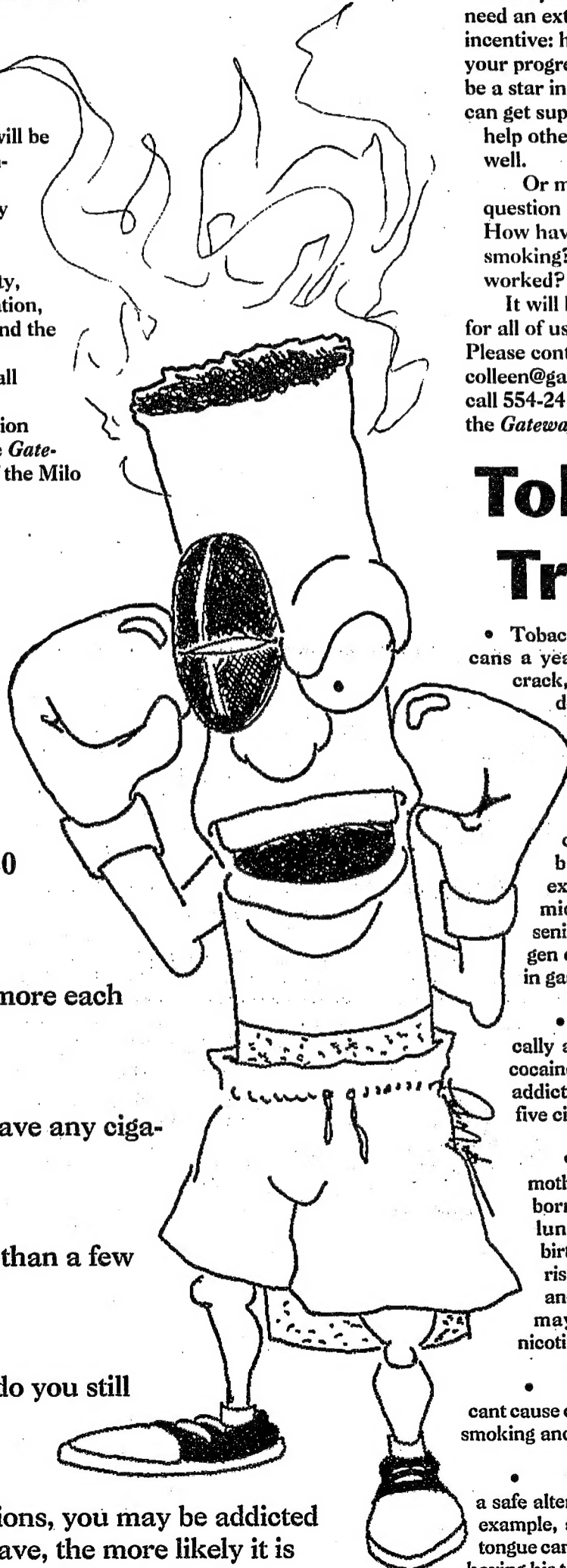
Is it tough to keep from smoking for more than a few hours?

Yes No

When you are sick enough to stay in bed, do you still smoke?

Yes No

If you answered "Yes" to 2 or more questions, you may be addicted to cigarettes. The more "Yes" answers you have, the more likely it is that you are addicted to the nicotine in cigarettes. If the test indicates that you aren't addicted, GREAT! Then you have no reason to smoke another cigarette.



Tobacco Truths

- Tobacco kills 419,000 Americans a year, more than alcohol, crack, cocaine, heroine, murder, suicide, auto crashes, plane crashes, fires and AIDS combined.

- Cigarette smoke contains 4,000 chemical, including carbon monoxide (tailpipe exhaust), ammonia bromide (toilet cleaner), arsenic (rat poison) and hydrogen cyanide (lethal gas used in gas chambers).

- Nicotine is as physically addictive as heroin and cocaine. A smoker can become addicted after smoking only five cigarettes.

- Babies of smoking mothers are more likely to be born with underdeveloped lungs, suffer from lower birth weight, are at a higher risk for mental retardation and SIDS (crib death); and may be born addicted to nicotine.

- Old age is not a significant cause of wrinkles, but cigarette smoking and sun exposure are.

- Chewing tobacco is not a safe alternative to smoking. For example, a chewer who develops tongue cancer faces the prospect of having his tongue cut off to keep the cancer from spreading.

Source: American Lung Association

Offers Weekly Addiction Workshops

by Stephanie Cross
Staff Writer

Beginning tomorrow, the University of Nebraska Medical Center's employee assistance program will be offering a Relapse Prevention Workshop, headed by Marlene Schneider. The workshop will run for seven weeks from 5 p.m. to 7:30 p.m. on Wednesday nights in the Harbour Room of Annex IV.

Schneider is a certified relapse prevention specialist and presents several different workshops throughout the year.

Seating is usually limited to twelve.

The workshop is not an ideal place to cure oneself from an addiction, Schneider said.

"The Relapse Prevention Workshop is more of an overview on helping to fight addictions. Each week focuses on a different topic dealing with preventing relapse," Schneider said. If one is facing an addiction, or has recovered, but is showing signs foreshadowing a relapse, one on one help is probably more realistic, she said.

Because of the limited space,

workshops are geared more toward faculty and staff than students.

A 1997 UNO CORE survey of 650 randomly selected students revealed, 60 percent of students drink alcohol on a regular basis, and 37 percent consider themselves heavy drinkers. A 1995 CORE survey showed nearly 50 percent of students had at least one drunken driving experience, and 12 percent were injured due to alcohol. This does not necessarily point to an addiction, but it may increase a student's chance of developing a problem with alcohol in the future.

About 55 percent of UNO students have never smoked, 22.2 percent smoke every day.

While it is important for faculty to have a place to turn for help with an addiction, it is just as important for students. In the 1995 CORE survey, 71 percent of students did not know if UNO had any sort of Drug/Alcohol Prevention Program. UNMC's workshop may be helpful for those who manage to get in, but for anyone else, there is Student Health Services. The office has a variety of resources and counseling recommendations, and is available to any UNO student.

"Lunch And Learn" To Deal With College

by Dennis Kerr
Staff Writer

Dealing with college can be difficult. However, UNO offers a program to help students cope both in the classroom and outside.

The second annual Lunch and Learn series is being presented by the UNO Learning Center. It will be held in the Milo Bail Student Center each week until Nov. 19, either in the Gallery or Dodge Rooms.

Jan Leuenberger, director of the Learning Center, and Debbie Kimberlin, learning skills specialist, are organizing the series. The workshops are from 12 p.m. to 12:50 p.m. Sack lunches are welcomed.

Wednesday and Thursday, the Learning Center will present a note taking workshop in the Gallery Room. The topic will be, how to take effective notes.

Thesis statements, topic sentences and staying on topic when writing essays will be discussed Nov. 4 in Dodge Room A and Nov. 5 in the Gallery Room.

Some students may want help with anxiety associated with test taking. "Does your mind ever freeze up when taking a test?" a flier asks. On Nov. 18

and 19 students can find out ways to reduce test anxiety.

Managing money will be discussed at the series on Nov. 18 and 19.

"We want to provide students the opportunity to improve study skills with methods, strategies and approaches so that students will have a more successful academic career," Leuenberger said.

Unlike the university's study courses, the lunch time sessions are free but do not give the students credit hours.

"We recognize that students have commitments to other classes, working and family. So it is a challenge to find a time of day to present students with this information. Another reason this approach has appeal is that we create the opportunity to practice with a hands on experience," Leuenberger said.

There is one topic per session.

"The material is general so a student can use the hints in any class. Sometimes a professor invites us into his class so that we can give specific suggestions on a particular topic," Leuenberger said.

The seminars are free and open to any students. Reservations are not required. Contact the learning center with any questions, 554-2992 and ask for Debbie or Jan.

THE UNO Majstars vs. Harlem Ambassadors
Nov. 12, 1998
Sapp Fieldhouse
Thursday 8:00p.m.

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EOE

Where's The Beef?

Vegetarians Have A Full Menu To Choose From

by Colleen Sergeant
Medical Writer

How does vegging out sound? No, not on the couch. In your diet.

The number of vegetarians has doubled in the past decade to 12 million, and the college crowd is leading the trend.

The American Dietetic Association (ADA) said vegetarian diets are healthful, nutritionally adequate and may prevent and treat certain diseases. However, these diets pose a risk of their own if not properly planned.

When animal products are eliminated from the diet, nutrients are too, which can lead to various nutritional deficiencies.

Halvor McGee, a UNO biology graduate and premedical student, has found ways to compensate for foods left out of the diet.

"As far as vegetarianism goes, they say you lose protein, but I don't think I've lost. I've gained it, because I'm always diligently going after it," said McGee, who snacks on lots of peanuts and loads up entrees with beans.

McGee, his wife and two children have been making gradual strides to a vegetarian diet for about eight years mainly for religious reasons. They base their practices on biblical texts and believe it is a more healthful way to live.

Many teens adapt to a vegetarian life-style because they believe killing animals for food is unethical, while others pursue it because meat is expensive.

The degree to which people are vegetarian also varies.

"We're at the level of no red meat, no pork, no beef,"

McGee said, who admits he is not very strict yet.

"Every now and then we bite on some chicken, but not very often. We still eat fish, but mostly we eat turkey and that will probably be the last to go," he said.

Vegetarians who eat only plant foods are called vegans. The diet of lacto-vegetarians includes dairy product and plant foods. Lacto-ovo-vegetarians incorporate dairy products and plant foods, as well as eggs, into the diet.

The McGee's are growing into a lacto-ovo vegetarian diet one step at a time.

"Eliminating chicken will be our New Year's Resolution," McGee said, "and maybe turkey the following year."

With any vegetarian diet, planning is essential to ensure nutrients found in animal products are obtained by another source.

Vegetarians need to hit the books, Mary Watson, a nutrition instructor at UNO said.

"I think vegetarians really need to study and talk to other vegetarians about what they do to work variety into their diets."

Several nutrients are likely to be marginal in the vegan diet, said "Contemporary Nutrition." Listed below are those nutrients along with plant sources rich in those nutrients.

Calcium: Fortified soy milk, tofu, almonds, dry beans, leafy vegetables, some fortified breakfast cereals, flour, certain brands of orange juice, and certain snacks

Zinc: Whole grains, wheat germ, beans, nuts, seeds

Riboflavin: Whole and enriched grains, leafy veg-

etables, mushrooms, beans, nuts seeds

Vitamin D: Fortified margarine and fortified breakfast cereals

Iron: Whole grains, prune juice, dried fruits, beans, nuts, seeds, leafy vegetables

Vitamin B-12: Fortified breakfast cereals, fortified yeast, fortified soy milk

Meeting protein requirements can also be tricky in vegetarian diets. Animal foods are the only source of a complete protein, which contains all nine essential amino acids required for proteins to function in the body. Proteins missing one or more of these amino acids are incomplete, like those found in plant foods, but can be combined with other plant foods to make a complete protein.

McGee eats a lot of Mexican dishes that combine beans with rice to make a complete protein. The "Good Health Handbook" listed other complementary protein combinations which include:

- nutritional yeast + rice, wheat, or oats
- beans or peas + rice, wheat, corn, or oats
- soybean + peanuts + sesame

"If vegetarians are still eating dairy foods—yogurt, cheese, milk, or ice cream—they are getting all their amino acids," Watson said. But for those who aren't, consuming a variety of plant foods is essential to meet protein needs.

The endless selection of vegetarian options in the grocery stores makes it easy to eat a healthy vegetarian diet with lots of variety. McGee said he has never felt restricted.

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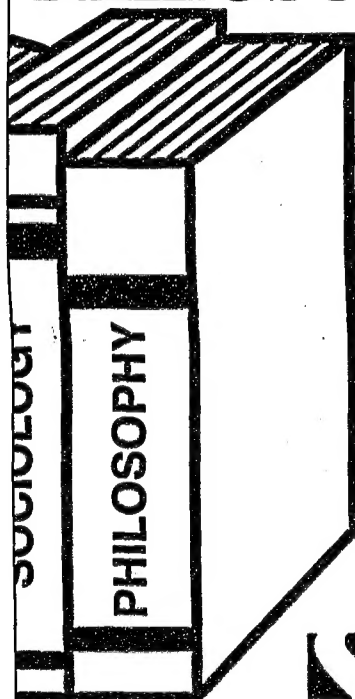
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photo by Steve Houlton

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It's A Dirty Job



photo by Chris Machan

Darrell Albu, member of Tri Beta, picks up trash along Highway 36. Tri Beta adopted this portion of the highway.

Pumpkin Prank Prepares Cornell For Fall Mischief

College Press Service

ITHACA, N.Y. (CPX) - Campus safety officers at Cornell University are

stepping up their patrols of the university's clock tower in light of a homecoming prank that sent some pedestrians running for cover last year.

No one really knows how, but two students enrolled at other universities skewered a pumpkin on the needle of the clock's face, which dominates the campus' skyline. Unable to remove the large gourd, Cornell officials roped off the area because they were afraid the pumpkin would harm someone when it fell. Fortunately, it didn't.

School officials say they're not sure what to expect this year, but are hoping students don't get any more bright ideas of a similar nature.

Exorcist Called In To Rid Church Of Demons

College Press Service

DELAIN, France - An exorcist has been called in to rid a church in the French village of Delain of demons which reportedly have sent candlesticks flying, forcing ecclesiastical authorities to close the building down until further notice.

The exorcist, Father Max de Wasseige, who was summoned by the archbishop of Besancon to drive out the devils, said "I saw candlesticks flying about with my own eyes."

The trouble began last Thursday when volunteers moved the altar by a few centimeters to make more space for a visiting symphony orchestra.

Witnesses said afterwards that a candle went flying, splitting in two, and that statuettes and vases were broken inexplicably. Also the altar was moved by 4 inches, apparently unaided.

Delain Mayor Thierry Marceaux said "There was no collective hallucination, or 50 people will have to be sent to the lunatic asylum."

He said the orchestra gave its concert as normal on Sunday, but that the demons resumed their work on Monday even though the altar had been put back in its place. A broken, still-warm, candle was found on the floor at a place where there is no candlestick.

Penn State Homecoming Parade Scenes On Web

College Press Service

UNIVERSITY PARK, Pa. - Penn State University wants to make sure no one misses its homecoming parade this year, so it has put footage of the big event on the Web.

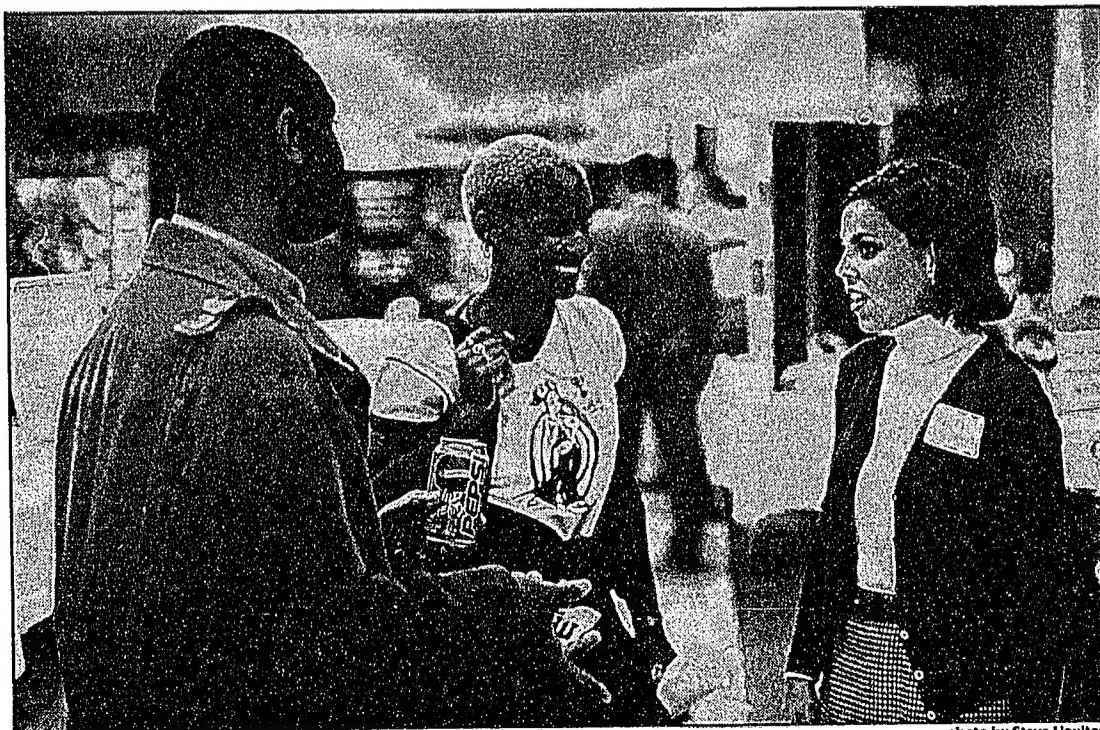
The university, which boasts the world's largest alumni association, makes homecoming its biggest event of the year. Thousands of alumni from around the country joined the celebration. The wave of visitors typically swells State College, Pa., to the state's third largest city,

behind Philadelphia and Pittsburgh. This year was no exception.


Two-time Olympic bronze medalist Mary Ellen Clark was this year's grand marshal. Serving as honorary grand marshal was James Pawelczyk, an associate professor of kinesiology at the university who spent 16 days aboard the space shuttle Columbia earlier this year.

Footage of the parade — complete with bagpipes and the Blue Kazoo Band — can be seen at <http://athens.cac.psu.edu/homecoming>.

A Fair To Remember



David Lewis, left, communication major, and LaNeisa Dailey, center, psychology, talk to Kasey Asarch of West Teleservices at the career fair Thursday afternoon. The career fair was sponsored by the UNO Career Center.



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Volleyball Loses Two Matches Over Weekend

by Andy Nordmeier
Sports Editor

The Maverick volleyball team finished last week with a 1-2 mark after posting a win over Northern Colorado in the Sapp Fieldhouse last Tuesday and losing to Central Missouri State and Columbia University on the road this weekend.

The win against Northern Colorado snapped the three-game slide the Mavs were on, but it took the team five games to pull it off, 17-15, 5-15, 16-14, 4-15, 15-12.



Setter No. 3 Bethany Tygert watches Chrissy Fossum drive the ball over the net while Korrine Boltin No. 7 and Nikki Mastny No. 2 look on.

The Mavs survived 12 errors in the first game to post a 17-15 win and seize a quick 1-0 lead in the match. Northern Colorado came back in game two as they hit at a blistering .419 clip (24 kills minus six errors divided by 43 attacks) and evened the match with the 15-5 win.

The Mavs needed to put in a little extra work to overcome 10 errors in game three, that they won 16-14 to

take a 2-1 lead and put Northern Colorado in a must-win situation. The Bears of Northern Colorado acted like frightened animals and

► see Volleyball page 12

UNO Icemen Still Looking For Win

by Andy Nordmeier
Sports Editor

The Maverick hockey team went to Denver, Colo. seeking its first win of the season after being swept by Maine last weekend.

The team is back in Omaha and still seeking win number one after being swept by the Denver University Pioneers this past weekend.

The Mavs lost Friday's game 4-1, with all the goals coming in the third period.

The score was deadlocked at 0-0 after 40 minutes thanks to goaltender Jason Mitchell. He stopped all 25 of the shots he saw in the first two periods, while the Mav offense wasn't taking shots on net.

Pioneer goaltender Stephen Wagner accumulated "rust" on his skates after seeing two Maverick shots in the first period and three more in the second period, a lethargic total of five shots on goal.

In the third, the Pioneers' Mark Rycroft took command of the game. He broke the scoreless deadlock when he beat Mitchell at the 3:38 mark to give his team a 1-0 lead.

The Mavericks came back when Jason White found the twine behind Wagner on the power play to tie it up at 1-1 midway through the period. Tom Kowal and James Chalmers assisted on White's first of the year.

Six minutes later, Rycroft netted

his second of the night when he blew the puck past Mitchell at 15:26 for a 2-1 lead. Paul Comrie, the team's leading scorer from last season, picked up the assist.

Bjorn Engstrom made it 3-1 when he fired one past Mitchell 87 seconds later and started to put the Mavs on the ropes.

Rycroft finished off the Mavs when he scored a shorthanded goal with 1:05 left in the game to put the Pioneers up 4-1 and finish off his hat trick on the night.

Wagner finished with 17 saves on 18 shots and the win while Mitchell was saddled with the loss despite making 32 of 36 saves.

The Mavs finished one for three on the power play while the Pioneers went 0-for-4 with the man advantage.

Mitchell didn't play in Saturday night's game as Maverick Head Coach Mike Kemp elected to go with Kendall Sidoruk in the nets but the results were still the same as the Mavs lost game two, 5-1.

Comrie started the scoring when he beat Sidoruk on the power play at 14:35 of the first period. Wagner, the goaltender, picked up an assist on Comrie's first of the year.

That would be the only goal in the first period but Sidoruk was busy as he saw 15 shots in the period while the Mavs put six on Wagner.

► see Hockey page 12

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Mavs Shock No. 1 Bears

Front page: Maverick Head Coach Pat Behrns gets a lift out of the Mavs' win over the two-time defending national champion Northern Colorado Bears

Right: Maverick quarterback Ed Thompson, center, looks for running room close to the end zone.

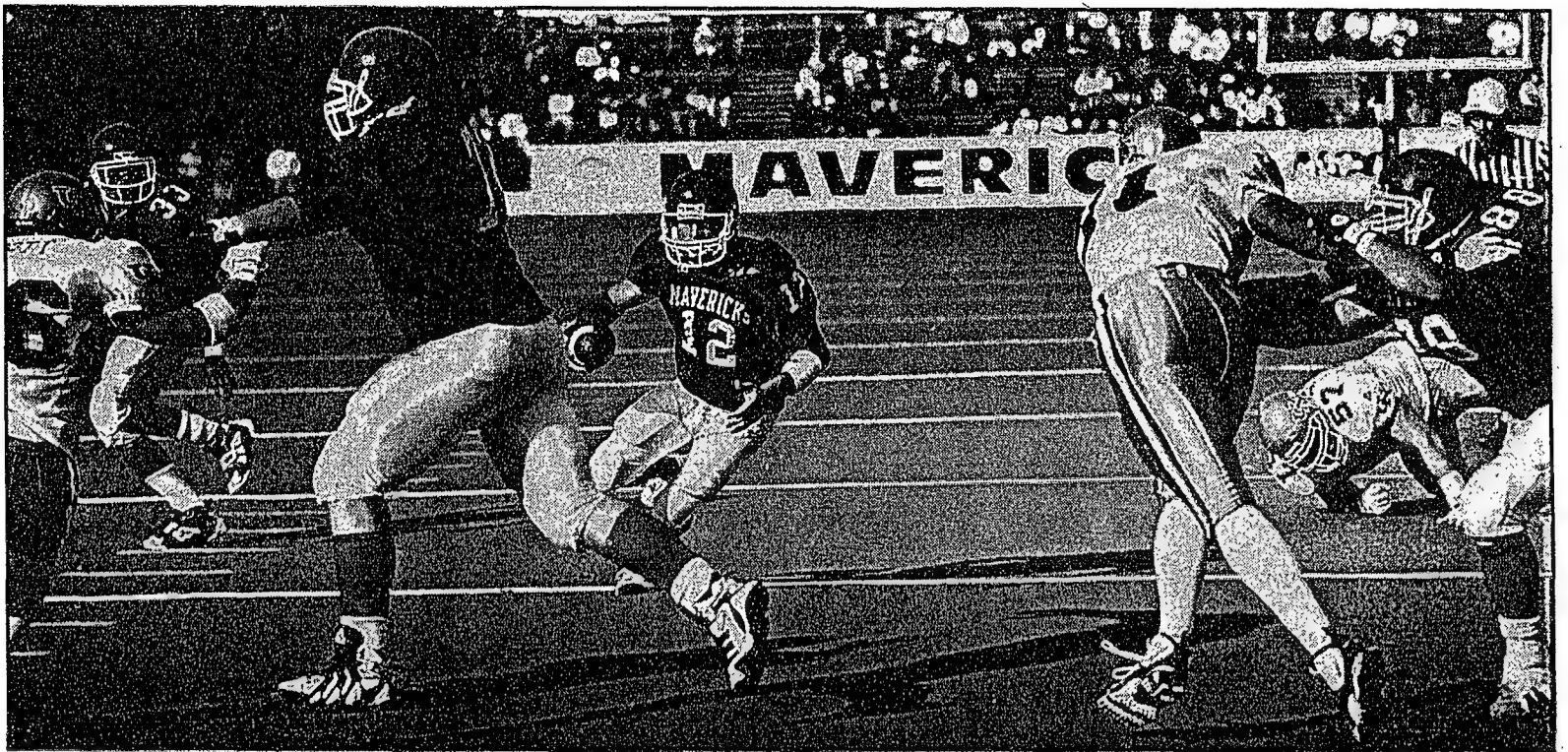


photo by Chris Machlan

from Football page 1

recovered it on the Northern Colorado 33-yard line. Once again, Kosel converted a 24-yard field goal bringing the Mavs closer to victory with the score at 9-3.

"After last week (a double overtime loss to South Dakota State) I felt down on myself," Kosel said Saturday. "This week I've been visualizing and concentrating and trying to redeem myself."

Schauer scored the only points of the game for Northern Colorado and gave the Mavs a free shot to finish the Bears off. Schauer was punting from

his own 10-yard line when he fumbled the snap and was penalized for an illegal kick that put the ball on the Bears' four-yard line. Quarterback Ed Thompson cracked into the end zone from one yard out and put the Mavs up 15-3 despite a missed two-point conversion pass that sailed over Jeff Herdzina's head in the back of the end zone.

The Bears were still in the game, but had any chances of a comeback wiped out when free safety Ben Titus picked McGuffey off at the Bears' 38-yard line and returned it to the 13-

yard line. Titus was swallowed in a celebration on the sidelines as the Mavs had possession of the ball with 2:29 left in the game.

The Mavs' ground game melted the remaining time off the clock and UNO held Northern Colorado to 191 total yards, 24 of them on the ground.

"We tried everything we could, but Omaha's defense stonewalled us," Northern Colorado Head Coach Joe Glenn said following the

game. "We tried to run it but we couldn't find much running room. Their defense was superlative."

On the Maverick sideline, linebacker Jason Bartling talked about the defense's strong game.

"This is the biggest defensive effort I've seen since I've been here," Bartling said. "If somebody told me we'd hold them to three points, I'd be chuckling."

"Now we can put last week's loss behind us and concentrate on these next few games. We are definitely in a better position as far as the playoffs," he said.

Bartling, Gary Charles, Terrance Davis, Nate Sullivan and Terrell Spears lead the Mavs' defensive line, all with at least five tackles, including assists. Bartling topped the list with 12 tackles, including six unassisted stops. He also forced and recovered a fumble in the second half.

"I think we knew it was a do-or-die game. We knew if we lost this one, our season would be over. With all the hype about Northern Colorado being unbeatable, it sure felt good to get out there and play the way we did. It wasn't easy. I think we played one of the best games we've played all year," junior linebacker Spears said Sunday.

The next two Maverick football

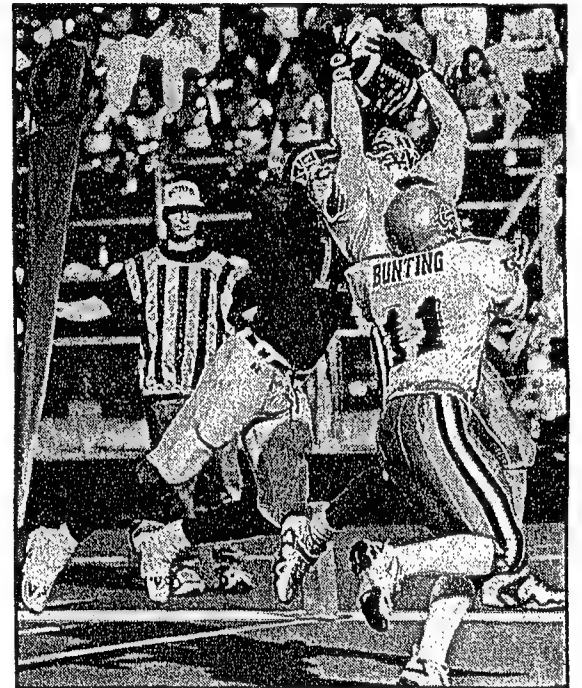


photo by Chris Machlan

Maverick wide receiver Nick Shaw (left) wrestles with Northern Colorado defensive back Noland Eastin for the ball in the endzone while the Bears' Brad Bunting waits for the ball to pop loose. games will be played on the road. The Mavs will play at Minnesota State-Mankato and then at Morningside before closing the season at home with St. Cloud State Nov. 14.

"It feels a lot better playing at home, but we will be on the road for the next couple games," Spears said. "We just have to prove that we can win on the road and hopefully we'll do just that."

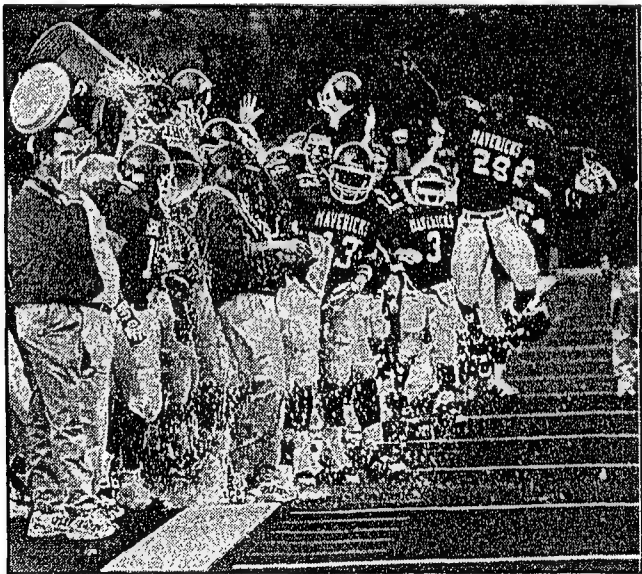


photo by Steve Houlton

Maverick Head Coach Pat Behrns gets the ceremonial "Catorade bath" in the closing moments of Saturday's victory, much to the delight of the players on the sideline.

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Mavericks Lose Weekend Matches

◀ from Volleyball page 10

clawed its way back into the match when they posted a 15-4 win in game four to force a decisive game five.

The Mavs saved their best hitting of the night for the last game as they killed at a .429 percentage (seven kills minus one error divided by 14 attacks) and won game five 15-12 and the match three games to two. This was the Mavs first win in a five-game match all season and boosted their record to 16-7 and 6-5 in the North Central Conference (NCC) while Northern Colorado dropped to 12-12 and 5-6 in the NCC with the loss.

Sophomore outside hitter Tracy Ankeny led the team with 25 kills and 23 digs, her fifth consecutive 20-kill, 20-dig effort in a match.

Senior Christy Fossum pounded 19 kills and junior Korrine Boltin added 14 in the winning effort. Setter Bethany Tygert helped out with 53 assists.

Tia Self paced Northern Colorado with 21 kills, Ashley Zuk chipped in 18 kills and Kim Schiemenz and Joyce Jordahl each added 15 kills in the loss while setter Michelle Hoffner dished out 69 assists.

The Mavs looked to stay in the win column but were beaten by No. 7 Central Missouri State in three games Friday night Central Missouri State sported a 20-3 mark on the season before this week's games. The team then had to turn around and get back on track against the No. 1 team in the National Association of Intercollegiate Athletics (NAIA), 30-0 Columbia University Saturday night.

It didn't happen as the Mavs suffered their second three-game loss in as many nights, 15-7, 15-9, 15-10.

The Mavs (16-9 on the year) recorded a meager 33 kills in the match while committing 17 errors and hitting .137 as a team.

Krista Niezwaag led the Mavs with eight kills. Ankeny added six of her own while Kim Christensen and Fossum tied for third with five apiece. Setter Cheri Pribyl was limited to as many assists as her jersey number, 14.

The Mavs have lost five of the last six, following the weekend's action, and the road doesn't get any easier as No. 4 North Dakota State makes its trip to the Sapp Fieldhouse Friday night. North Dakota comes in for a Saturday night match-up.

UNO Hockey Seeks First Win

◀ from Hockey page 10

The Pioneers tacked on two more goals in the second period, the first coming just two minutes in.

Jon Newman put the puck behind Sidoruk for the eventual game-winner at 2:02 in the second. Kelly Popadynetz and Judd Stauss assisted on the goal that made it 2-0.

Rycroft, Friday night's star, scored his fourth goal of the weekend when he beat Sidoruk on the power play at 13:33. Comrie and Erik Adams assisted and put the Pioneers up 3-0.

The Mavs scored their lone goal 79 seconds later on a power play of their own when Joe Yurecko put the puck behind Wagner at 14:52. Chalmers and defenseman Daniel Samuelsson picked up assists on the Mavs' goal that cut the deficit to 3-1.

The goal was one of 17 shots the Mavs barraged Wagner with in the period while the Pioneers put another 10 on Sidoruk.

The Mavs were still in the game when they hit the ice for the start of the third

period as they were down by two goals. However, Denver only put four shots on net in the final period and two of them went in.

Popadynetz added his name to the list of Pioneers who beat Maverick goaltenders when he put the puck behind Sidoruk 1:09 into the period on a four-on-four situation.

Kemp pulled Sidoruk with 1:33 left in the game to try and get back into it but that strategy backfired as Comrie popped home an empty-net goal, assisted by Rycroft, at 19:00 that sealed the Mavs' fate.

The Mavs fired a total of 35 shots on Wagner but he stopped 34 of them while Sidoruk made 24 saves on 28 shots he faced, not including the empty-netter.

The Mavs have to regroup on home ice this weekend as the Mavs of Minnesota State-Mankato come to town Friday and Saturday night. UNO won the season series 2-1-1 last year over Minnesota State but lost and tied at home in the season finale.

Enticing Names Help Market Courses To College Students

College Press Service

It's not that higher education is a business (though it is). And it's

not that professors really have to market the courses they teach (though sometimes they do).

Perhaps it's just to liven up those dreary page after computerized page of course listings that abound at colleges and universities across the country.

For whatever reason, there are some deliciously bizarre and entertaining courses being offered by institutions of higher learning.

The trend may be for college kids to try and graduate with useful, saleable skills - a plus in a world where college costs continue to rise faster than inflation and student loans can linger into middle age.

But a meander through university Web sites, course guides and special mailings shows you can still find strange and unexpected learning experiences in college. In the classroom.

Consider Stanford University's philosophy department graduate seminar titled "Is Morality Too Demanding?" The course syllabus says, "Critics have argued that prominent moral theories require (people) ... to act in ways that are either impossible or, if possible, undesirable."

It is mere coincidence that the course is being offered at the university where the daughters of both Bill Clinton and Kenneth Starr are matriculating. Another Stanford offering, this one in the political science department, also has useful application to Clinton and Starr.

Its title, simply, is "Punishment."

(On the opposite side of the continent, at Mt. Holyoke College, there is a course in the English Department that has Bill Clinton's name all over it: "The Art of Lying.")

Stanford is in California, so it is fitting that another course offering is tantalizingly titled

"The American Dream." For some, just getting accepted at Stanford - and being able to pay the tuition - would qualify for an A in that course.

("The American Dream" course is not to be confused with "The American Suburb," which is among the course listings at Yale.)

One more course at Stanford, this one in the education department, is titled "Mind, Body, And Spirit: Spiritual Health Through The Life Span."

The description says this course is an "introduction to elementary spiritual practices," which would seem to translate into Prayer 101 - which probably has a number of adherents on the night before finals.

At Southwest Texas State University in San Marcos, Humanities 5301 is tucked into the long, computerized list of more routinely titled courses. The name of this graduate seminar is "Quest for Order & Happiness."

Regrettably, the man who teaches it, Kenneth Grasso, said that you can ace the course without ever actually achieving either order or happiness in your life.

"It's sort of a Great Books thing," Grasso said. "Most people come through college with an education that is spotty. Somebody can get a B.A. and think that Plato is a Disney character. This course gives them a chance to get caught up and read some of the Great Books."

"This semester we're doing 'The Republic,' selections from the Old Testament, Dante's 'Inferno,' a little bit of Ovid, Machiavelli's 'The Prince' ...

"You try to come up with an interesting title to get people to take (the courses) ... You need people in the classroom. The sexy title is a way of drawing in students."

Speaking of sex, at the usually staid University of Chicago, professor Wendy Doniger said she "used to teach a course on the Kama

Sutra. Which had a lab. It was highly subscribed. I taught it without a lab and it wasn't nearly as successful."

Despite the intriguing title, the Kama Sutra was a course on South Asian texts in the school's department of South Asian Languages and Civilizations.

This fall, Doniger is teaching "The Mythology of the Bedtrick" in the master of liberal arts program.

Very liberal, one might say.

But in fact, Doniger explained that "the bedtrick" is a time-honored

device in literature, Shakespeare's "All's Well that Ends Well," for example. It refers to "having sex with someone under the impression" of having sex with someone else.

In this course, students will read the Hebrew Bible, Shakespeare, a 9th Century Japanese novel and other texts.

If that sounds too highbrow, notwithstanding the sex involved in the readings, the University of Missouri offers "Introduction to Leisure Studies." Many parents of teen-agers and young adults would argue that their offspring already have the equivalent of a Ph.D in this subject.

According to the course summary, Mizzou students will be examining "the history of recreation and the leisure movement" (there's a movement?) and "the theories and philosophies of play ..."

At Southwest Texas, haul yourself off the couch and get not only a bachelor's degree but also a master's in Leisure, apparently a growth field as Baby Boomers move into retirement.

Also in the leisure vein, Scottsdale Community College in Arizona offers courses in gambling and a full associate's degree in the subject - more demurely titled "Hospitality/Gaming Management."

Promising "Hands on practice with casino equipment," there is GAM 210, "Techniques of Dealing - Advanced Poker."

"Training includes ... Seven-Card Stud ... Hi-Lo Split and tournament dealing," according to the course description.

GAM 225 is a "Survey of Games," including blackjack, poker, roulette, craps and baccarat, that incorporates "methods and detection of cheating." Prerequisites? None.

There also are no prerequisites for what has to be a dream course: "International Casinos & Race Tracks."

This elective - yes, you do get actual college credit for this - offers "guided field trips" to gambling centers around the world.

Netscape Engaged In Controversy

College Press Service

WASHINGTON - Microsoft's primary rival for the Internet-browsing market, Netscape Communications, was engaged in some of the same controversial business practices as Microsoft, documents released in federal court Oct. 22 show.

These include giving away the software for free and trying to use the company's position as a leader in the software market as leverage to open new markets, attorneys for Microsoft said Thursday in the fourth day of the historic antitrust trial.

Internal documents from Netscape, based in Mountain View, Calif., show that the company never considered its Internet Web browser to be its main product but rather a means to attract business customers for other products and to direct traffic to its Internet Web site.

Another Netscape memo, from October 1997 and marked "highly confidential," also said company officials didn't believe Microsoft's monopoly with its Windows operating system was necessarily going to cause computer users to choose Microsoft's Web browser over Netscape's.

Microsoft is hoping the documents and testimony show that it is locked in a legitimate, above-board business struggle with Netscape

over the market for Internet-browsing software.

The suit filed against the Redmond, Wash., software maker by the U.S. government and 20 states claims that Microsoft has illegally used its monopoly with the Windows operating system to try to gain leverage over the Internet. The theory is that Microsoft has tried to crush Netscape by folding its own browser, Internet Explorer, into the Windows operating system, thereby ensuring it will appear on a vast majority of personal computers.

Netscape attorneys say the testimony about its business practices is irrelevant because it does not enjoy a powerful monopoly as they claim Microsoft does.

In continuing cross-examination Thursday, Netscape chief Jim Barksdale did not dispute the documents but downplayed their significance. One was written by an overly exuberant young person, he said. When asked whether he knew the age of the author, Barksdale said, "Everyone who works for Netscape is young."

In another exchange, Microsoft attorneys displayed internal Netscape data that showed the number of people using Netscape's browser had grown by 60 percent during the same time period, 1996 and 1997, that Microsoft had engaged in the practices that are

the subject of this lawsuit - namely, including its browser in the operating system for free.

Microsoft attorney John Warden also said Netscape was attempting to use its dominance in Web-browsing software to point computer users to its Web site, Netcenter, which the company has developed into a major site for advertising, services and news content.

Barksdale said that, yes, the company is trying to open new markets for itself. He implied, and Netscape attorneys later said, that by focusing on Netscape's business model, Microsoft is trying to "change the subject," which is that it must operate under different rules because of the powerful monopoly it enjoys with Windows.

Microsoft also showed internal e-mail from Netscape detailing a series of business meetings between the two companies in which Microsoft was trying to help the California upstart improve its Web browser.

Wednesday, Microsoft cited e-mail from and a deposition by Netscape co-founder Jim Clark that it said showed Clark in 1994 tried to get Microsoft to invest in the development of Netscape's Internet-browsing software, known as Navigator. That came, Microsoft attorneys contended, after Clark said he heard Microsoft Chairman Bill Gates announce that he planned to put his own browser in the Windows operating system.

Weekly Horoscope

College Press Service

Aries (March 21-April 19).

Follow orders quickly and precisely on Monday and Tuesday. The action will be fast and furious, and there won't be time to argue. There's more room for discussion on Wednesday or Thursday. Put your two cents' worth in then. Listen more than you talk on Friday and Saturday if you want to make points, and watch your back on Sunday.

Taurus (April 20-May 20).

Travel with a partner or plan your next vacation on Monday and Tuesday. If you can't go yet, at least have dinner out at a foreign restaurant. Everyone seems cantankerous on Wednesday and Thursday, even you. Just take it one step at a time, and try not to give up much ground. Friends come to your rescue on Friday and Saturday, making it all seem like fun again. You can goof off then, but you'll need to scurry to keep up with obligations Sunday.

Gemini (May 21-June 21).

The money is available Monday and Tuesday, if you know where to look for it. Start by reading up on the subject. Travel beckons Wednesday and Thursday, though work interferes. Make plans, but don't go yet. You could get a lucky break on Friday concerning your career, and

another one on Saturday from an unexpected source. The party may be Saturday, but you'll play Sunday, too.

Cancer (June 22-July 22).

A partner has a great idea on Monday, and an even better one on Tuesday. Encourage the other's creativity and you prosper, too. Do paperwork to get money on Wednesday and Thursday, and try to get off early Friday. Your chances are good. Travel through Saturday looks fine, especially by water. Follow orders Sunday..

Leo (July 23-Aug. 22).

The workload is tough on Monday and Tuesday, but don't complain. By Wednesday and Thursday you'll have the help you need, especially if you set it up that way. Don't leave anything to chance. Friday and Saturday are good days to get the money, and also the attention. On Sunday, travel looks good once your roommate's needs have been met.

Virgo (Aug. 23-Sept. 22).

You're intensely passionate Monday and Tuesday, and very lucky in love. Looks like that'll be fun. Make decisions at work on Thursday and Friday to streamline your procedures. Saturday is good for talking things over with a partner, and Sunday's

best for taking a calculated risk. The longer you calculate, the less you're at risk, actually.

Libra (Sept. 23-Oct. 23).

Put money into household items Monday and Tuesday. It's a good investment. An attractive admirer is impressed with your taste on Wednesday and Thursday, especially if you've planned ahead. You're very creative Friday and Saturday, but work is still required.

Scorpio (Oct. 24-Nov. 21).

Practice new skills on Monday and Tuesday to advance in your career. Watch out for technical difficulties at home on Wednesday and Thursday. Romance blossoms Friday and Saturday with an old favorite. Passions are intense on Sunday. Be careful not to get burned.

Sagittarius (Nov. 22-Dec. 21).

You're in a practical mood Monday and Tuesday, so make buying decisions then. A secret source is your best bet. Study the issues carefully Wednesday and Thursday before you make your decisions. Consequences could be long term and hard to change later. Have the party at your house Friday, and go trick-or-treating together. You'll all want to travel on Saturday, and why not? It's

a great group.

Capricorn (Dec. 22-Jan. 19).

You're strong on Monday and Tuesday, and friends heed your advice. Make an investment Wednesday or Thursday in a dream you've long held hidden. It's just a question of saving your money and that's something you can make happen. Your curiosity is overwhelming Friday and Saturday, with many delightful surprises in store. Stick close to home on Sunday, to recuperate.

Aquarius (Jan. 20-Feb. 18).

You're under pressure Monday and Tuesday and it's pointless to resist. Go along with the program. You're stronger Wednesday and Thursday. Put in your corrections then. Ask for more money on Friday, so you can spend more on Saturday. Keep an open mind on Sunday and you'll learn a lot.

Pisces (Feb. 19-March 20).

Your friends provide inspiration on Monday and Tuesday, but you may wish you had a map Wednesday and Thursday to find your way through a maze. By Friday, you're in the clear again, and you look marvelous through Saturday. Buy yourself a special treat on Sunday.

October 26, 1998

UNO Band Members:

I would like to express my sincere apology for any misunderstanding that may have occurred at half-time of the football game on October 24th. At the end of half-time, I was told by the officials that the band had 15 seconds to get off the field or we would receive a 15 yard penalty for delay of game. I am sure that the band did not want to be responsible for us receiving this penalty, so I directed them to get off the field as quickly as possible.

I appreciate all the time, effort and hard work of the band in making the games entertaining for the fans.

Sincerely,

Pat Behrns

Pat Behrns
Head Football Coach

Construction Zone

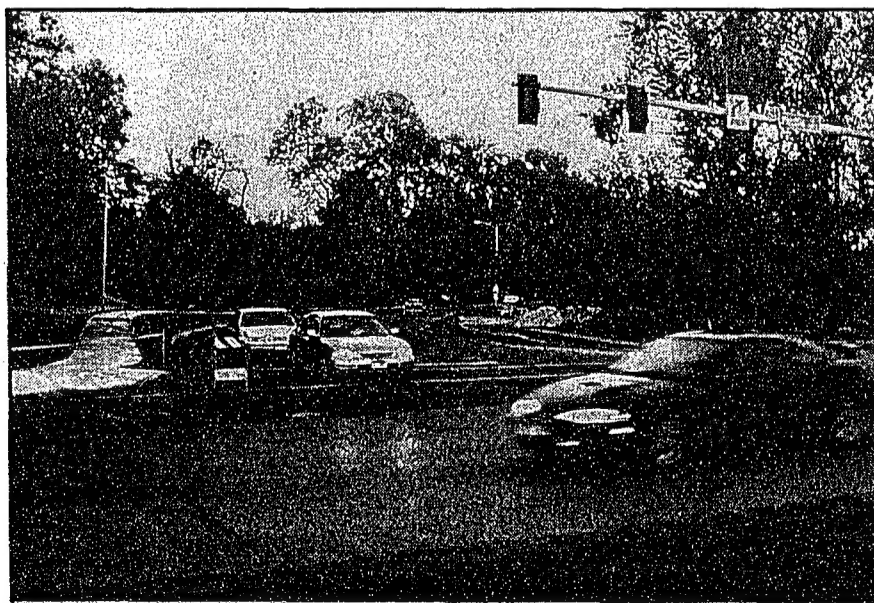


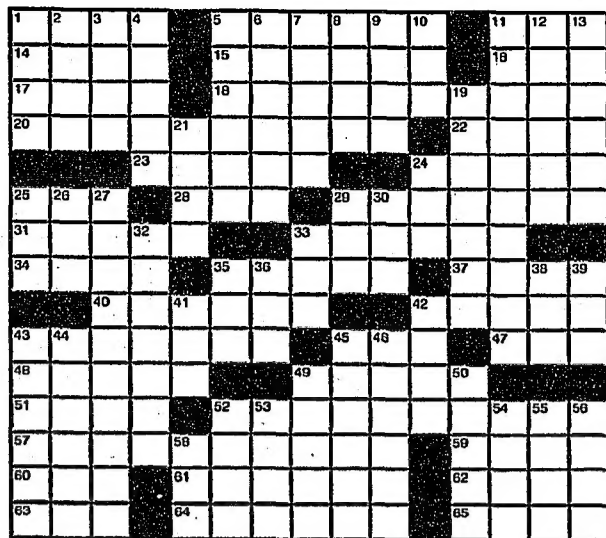
photo by Steve Houlton

Construction can be found not only on campus, but all around it.

You take the high road, I'll take the low road. The low road through Elmwood Park has reopened after months of construction. Construction in the Elmwood and Pacific Street has rerouted traffic since the end of Summer.

Crossword Puzzle

- ACROSS**
- 1 Moves up and down
 - 5 Well-grounded
 - 11 Schedule abbr.
 - 14 Skip
 - 15 Walk of life
 - 16 Old card game
 - 17 Do it alone
 - 18 Unproved statement
 - 20 Like some shirts
 - 22 Tear
 - 23 Some rapiers
 - 24 "Rebel Without a Cause" co-star
 - 25 Gray shade
 - 28 Miss a step
 - 29 Cheers
 - 31 Abrupt transitions
 - 33 Word before bag or beetle
 - 34 Get out of bed
 - 35 Rummy
 - 37 Actress Sorvino
 - 40 Dealt in used goods
 - 42 Mortise insertion
 - 43 Take flight
 - 45 Female sheep
 - 47 Obtain
 - 48 Bishops of Rome
 - 49 Entanglement
 - 51 False mannerisms
 - 52 Within reach
 - 57 School settings
 - 59 Scottish Highlander
 - 60 You there!
 - 61 Babbling bird
 - 62 Seth's son
 - 63 Wood and Wynn
 - 64 Doubleday and others
 - 65 M. Descartes
- DOWN**
- 1 Type of pear
 - 2 Melville novel
 - 3 List of charges
 - 4 Snatched
 - 5 Boo shouter
 - 6 Loflier
 - 7 City on the Rhone
 - 8 Hive population



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10/29/98

- 9 Table supports
- 10 Period
- 11 Estranging
- 12 Andy of "60 Minutes"
- 13 Repetitious musical themes
- 19 Roman galley
- 21 Mimics
- 24 Floor-cleaning implement
- 25 Martino and Pacino
- 26 Matched collection
- 27 Do holders
- 29 Is down with
- 30 Bauxite or galena
- 32 March forth
- 33 Cow's chew
- 35 Abel to Adam
- 36 Over the hill
- 38 Lobster eggs
- 39 Picnic pest
- 41 Distress letters
- 42 Fork-tailed seabird

Answers for crossword puzzle can be found on page 2.

- 43 Southwest tribesman
- 44 Seethed
- 45 Fill with love
- 46 Belt locations
- 49 Main Street structure
- 50 Beer choice
- 52 Part of U.A.E.
- 53 Lacerated
- 54 Cause of ruin
- 55 Ponce de
- 56 Otherwise
- 58 Healing waters

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Dave Coverly



SPEED BUMP

Dave Coverly



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Source: 1997 UNO CORE Survey

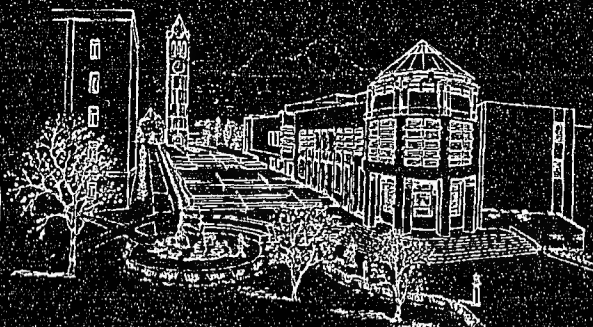


Comedian Billy Burr
Monday, November 2nd
12:00 MBSC
Nebraska Room



MBSC Activities

The Milo Bail Student Center is a division of Student Services and Enrollment Management



Tues., Oct. 27th

8 am Business Services
11 am International Students
11:30 am Advisors
12 noon Aviation Institute
12 noon Project Achieve
12 noon African American Students
5 pm Alpha Xi Delta
6 pm Asian American Students
6:30 pm Career Center
7 pm Maverick Guard
7:30 pm Career Center

12 noon Latino American Students
12 noon A.A. Meeting
12 noon Chapter Summary Bible Study
12 noon Traffic Appeals
12 noon Lunch & Learn
12 noon A.A.U.P. & Faculty Senate
12 noon Quest
12 noon African American Students
12 noon Advisors
2 pm Educational Resources
2:30 pm S.P.O. Board
6 pm Economic Education
7 pm Zeta Tau Alpha

Thurs., Oct. 29th

8 am College of Continuing Studies
8:30 am MBSC Meeting

Wed., Oct. 28th

11:45 am Public Affairs

10 am Geography Department
12 noon Student Democrats
12 noon Lunch & Learn
1 pm Teaching Circles
2:30 pm Panhellenic Council
2:30 pm Administrative Systems
3 pm Information Science
6 pm Asian American
6:30 pm Career Center
7 pm Theta Chi
7 pm Delta Sigma Pi

Fri., Oct. 16th

8:30 am Bloodmobile
9 am "Group" Personnel
10 am Multicultural Staff
11 am Aviation Institute Luncheon

11:30 am Retention Task Force
12 noon Aviation Institute
12 noon Interfraternity Council
2 pm Environmental Health
5 pm Campus Crusade
6 pm Beta Alpha Psi
9 pm African American Students

Sat., Oct. 31st

8 am Student Court

Sun., Nov. 1st

2 pm Chi Omega
2 pm Alpha Xi Delta
2 pm Interfraternity

2 pm Sigma Kappa
5 pm Zeta Tau Alpha
5 pm Theta Chi
6 pm Lambda Chi Alpha

Mon., Nov. 2nd

8 am Minority Interns
11 am Chapter Summary Bible Study
11 am S.P.O. Comedy
12 noon Student Success Planning
12 noon Goodrich Students
3 pm Junior Panhellenic
4 pm Public Relations Students
5 pm Chi Omega
6 pm Campus Crusade

* Check events boards at north and south entrances of MBSC for meeting locations *

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Wanted:
Student majoring in Early Childhood or Elementary Education, to teach preschool. Call Debbie at Lollipop Patch Child Care 391-2919

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